

Mitik Health & Safety Training Curriculum Framework

<u>Training Duration:</u>	Theory Hours: 10
2 days (8 hours per day)	Practical Hours: 6





LEARNING OUTCOMES

Upon successful completion, the employee or new staff will be able to:

1. demonstrate knowledge of the health hazards and safety risks that are present on the job site and;
2. equip themselves with personal protection and safety culture in the workplace




COURSE CONTENTS

1.0 Rights and responsibilities

-  General safety and health duties and responsibilities of employers and employees
-  Workers right to know, participate and refuse unsafe work
-  Procedure for reporting hazards in the workplace
-  Procedure for exercising the right to refuse dangerous work

Names and contact information of safety and health committee members provided

2.0 Health and Safety Policies and Procedures

-  Health and safety commitment in Mitik
-  Working alone or in isolation procedures
-  Violence and harassment policy

- ✚ Incident or injury investigation
- ✚ Impairment: Drugs and medication policy

3.0 Specific Work Procedures

- ✚ Machine operation and safety requirements
- ✚ Operating power tools
- ✚ Lockout/Tagout
- ✚ Fall Protection
- ✚ WHMIS
- ✚ Personal Protective Equipment
- ✚ Working from heights

4.0 Hazard Identification and Control Measures

- ✚ Potential hazards in Mitik Operations
- ✚ Hazard reporting and assessment
- ✚ Control measures for protecting employees

5.0 Dealing with emergencies in Mitik

- ✚ Identifying emergency exits and muster points locations
- ✚ Identifying fire extinguishers and fire alarms locations
- ✚ Emergency contact numbers
- ✚ What to do in case of emergency – emergency response protocols
- ✚ Response to emergencies from natural disasters

6.0 First Aid

- ✚ Location of first aid kits and facilities
- ✚ Wilderness and first aid training
- ✚ Injury or illnesses or near-miss reporting procedures

7.0 Expert based training

- ✚ Heavy equipment handling
- ✚ New equipment installation
- ✚ Safety conferences and workshops

TRAINING and COMPETENCY EVALUATION

Safety Activity Toolbox

New employee learning outcome objectives

Employee competency evaluation

MODE OF DELIVERY

- ✚ In-class
- ✚ On-site